



EECEME

European Early Childhood
Education Movement Experts

Project Newsletter N°2, 2022

INSIDE THE EECEME PROJECT

<http://eeceme-project.eu/>

Co-funded by the
Erasmus+ Programme
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This second newsletter aims to give you a glimpse of the partner's work and the activities implemented to achieve the project goals.

*The project aims to improve cross-cultural cooperation and exchange of best practices that will foster awareness of the value of an active lifestyle for the development of young children. It will lay the groundwork for movements and activities with various physical, emotional, and interpersonal benefits created by early childhood movement experts.

Project partners:





THIRD TRANSNATIONAL MEETING

Representatives from the EECEME project' partner organizations visited the partner organization Scuola Centrale Formazione in Italy, for the third transnational meeting regarding the project financed by the Erasmus + program. The meeting took place from the 23rd to the 24th of May in Vimercate, Italy.

In this meeting, the participants from the partner countries visited the kindergarten Polo Infanzia San Giuseppe.

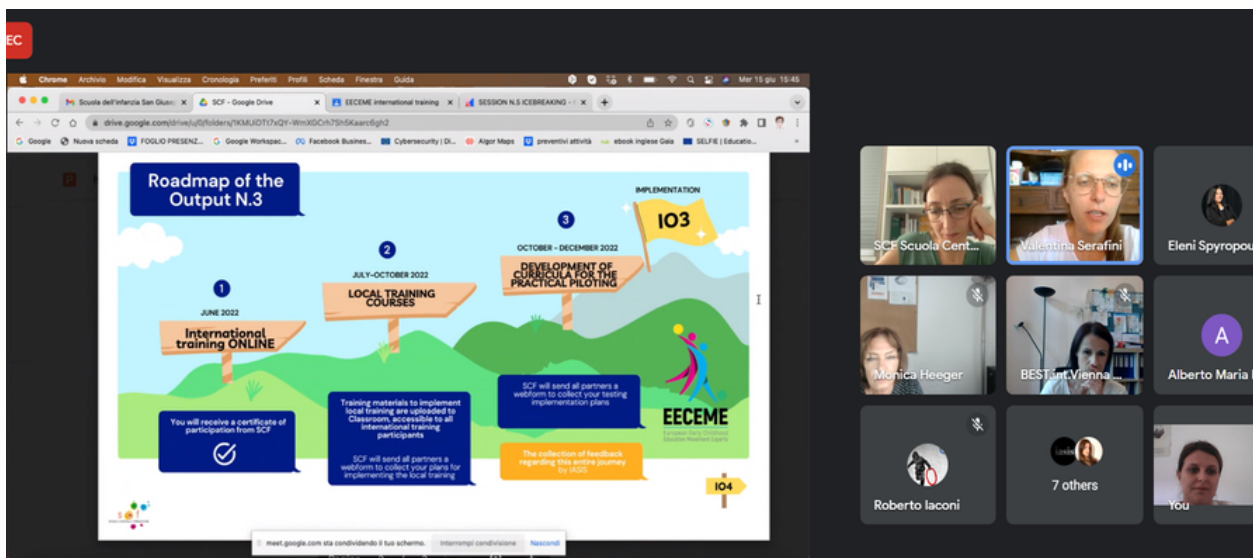
The kindergarten is original in its program aimed at learning by doing, using the beauty of nature, as well as having activities that ensure that every child has equal access to an opportunity for development through play and learning.

At the meeting, good practices from activities for the development of motor, cognitive and social skills in preschool children from each partner organization were presented, and key topics were identified for the upcoming international training for educators and sports coaches in preschool age that will be held online in the period from June 8 to 14, 2022.



International training on Strengthening basic motor skills and the promotion of a healthy and active lifestyle for children in early childhood (0-6)

The International Training on Strengthening Basic Motor Skills and Promoting a Healthy and Active Lifestyle for Children in Early Childhood took place on the 8th, 9th, 10th, 14th, and 15th of June 2022. The training course was created to help sports coaches and kindergarten teachers in their everyday efforts to promote children's healthy development via exercise. The exercises provided throughout the training are some of the most effective for developing children's cognitive abilities, strengthening their gross and fine motor skills, boosting their coordination and emotional imagination, and enhancing their overall health and well-being.



All training courses were designed for kids between the ages of 0 and 7.

The basics of kinematics in children have been presented by the project coordinator Centro Sportivo Italiano. LAG AGRO LIDER has presented exercises for cognitive and motor development for all age groups.

SSF presented exercises for strengthening mobility for all age groups. SCF with IREA and ECFOP presented exercises for coordination strengthening for all age groups while KSB was presenting the training manual and the topics and provided guidance on the use of materials. IASIS was in charge of the evaluation and collection of feedback relating to each of the sessions and the training.

Organized kids' sports can benefit youngsters in all five main developmental areas: physical, emotional, social, cognitive, and moral. These benefits can be seen and achieved in sports without equipment, sports with common materials, and sports equipment-related activities. The EECEME experts help each kid to develop their abilities and confidence by bringing each sport to life through games and activities.

The participants in the training program will organize local training in the following period to share the best practices of sports activities for young children with kindergarten teachers and sports educators on a local and national level.

Local Trainings

After the International training online, as part of the project, all of the partners implemented local training courses to train more professionals working with children in the organizations that take part in the project and work in the field of early childhood development.

Each partner used multiple methodologies to get kids moving and implemented sports activities and games to develop movement skills and a healthy lifestyle for children in early childhood.



"We used this time of sharing, to reflect on who the child is for us and the importance of the body as a tool for communication and learning (also in response to the covid emergency, the difficulties of families, the difficulties of schools) - says Lorella Donno - "





VISIT MADRID

WELCOME



It was decided that the next meeting will take place in Madrid, Spain from 20-21 Oct 2022
Until then follow us and read more about the project development on our social media page on
Facebook as well as our website



<https://m.facebook.com/people/EECEME-European-Early-Childhood-Education-Movement-Experts>



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